

B<sup>1</sup>  
b) combining said micellar lipids and at least one biologically active molecule to form said micellar complexes, wherein the variation in size distribution of said micellar complexes is less than or equal to about 20% with respect to the mean size of said micellar complexes.

sub c<sup>2</sup>

17. A method of delivering a biologically active molecule to a cell of a mammal comprising contacting said cell with a composition comprising a micellar complex, wherein said micellar complex comprises:  
at least one cationic lipid;  
at least one biologically active molecule; and  
a least one PEG derivative  
and wherein said micellar complex is part of a group of micellar complexes having a variation in size distribution of less than or equal to about 20% with respect to the mean size of said group of micellar complexes.

sub c<sup>3</sup>

B<sup>3</sup>  
25. A micellar complex comprising:  
at least one cationic lipid;  
at least one PEG derivative; and  
at least one biologically active molecule;  
wherein a group of said micellar complexes has a size distribution of less than or equal to about 20% with respect to the mean size of said micellar complexes.

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